

Date: December 31, 2011

To: All Members of the Southwest U.S. Kendo & Iaido Federation

From: Mark Uchida
Mushinkan Dojo

RE: 2011 SWKIF WINTER IAIDO SEMINAR AND SHINSA



Mushinkan and Yamakage Dojo are proud to be hosting the 2011 SWKIF Winter Iaido Seminar. The dates of the seminar are February 11, 12, & 13. The seminar will include opportunity for testing for ranks up to Shodan. Iaido examinations will be Sunday morning, February 13.

This year's SWKIF Winter Iaido Seminar will be led by Oda Katsuo Sensei, Iaido Hanshi 8th dan, Kendo Kyoshi 7th Dan. Oda Sensei was the number-one student of the late Haga Tadatoshi Sensei. He is a member of the ZNKR Iaido Committee and president of the Shizuoka Iaido Federation/vice-president Shizuoka Kendo Renmei. Oda Sensei travels extensively around the world to teach Iaido and is known for developing some of the most notable Iaido practitioners both inside and outside Japan. Oda Sensei was one of the guest instructors at the first AUSKF Iaido Camp in Colorado Springs, Colorado in 1997.

Also joining this year's seminar is Konno Tatsuhiko Sensei, Iaido Kyoshi 7th dan, Kendo Kyoshi 7th Dan. Konno Sensei is the head instructor of Musokai Iaido Dojo in Bellevue, WA and is one of top ranked Iaido practitioners in the United States.

Seminar applications must be postmarked no later than January 31. Please complete all applicable materials and return them to:

Kazuko Uchida
2375 So. Eudora St.
Denver, CO 80222

Included in this package are the following:

- ❖ Itinerary of Events
- ❖ Seminar Registration Form
- ❖ Waiver of Liability
- ❖ Hotel Info, driving directions and maps

Iaido testing application materials will be sent separately by the SWKIF VP of Promotions.

A block of 20 double bedroom suites has been reserved at a reduced rate with the Fairfield Inn & Suites, 1680 South Colorado Boulevard, Denver CO 80222 | 303.691.2223 | www.FairfieldSuitesDenver.com. Booking is first-come, first-serve. The rooms are reserved under Southwest Kendo & Iaido Federation at a rate of \$64.00 per night.

Reservations should be made by January 28th in order to take advantage of the special rate.

Please contact us if you have any questions or comments. We are looking forward to seeing everyone in Denver.

Happy New Year!

Mark Uchida
303.759.8170 (home)
303.550.0222 (cell)
Email: m.uchida@comcast.net; mushinkankendo@yahoo.com

Itinerary of Events

Note: Events will begin at the times specified. Allow time in advance for preparation.

Event Location Addresses:

- University of Denver, Ritchie Center - Hamilton Gymnasium, 2240 East Buchtel Blvd, Denver, CO 80208
- Merrill Middle School, 1551 South Monroe Street, Denver, CO
- Domo Restaurant, 1365 Osage St., Denver, CO 80204 | (303) 595-3666

Friday, 11 February. Location: University of Denver

6:00 pm – 6:15 pm: Registration

6:15 pm – 9:00 pm: Iaido Seminar

Saturday, 12 February. Location: University of Denver

9:00 am – 9:30 am: Registration and preparation

9:30 am – 9:45 am: Opening Events

9:45 am – 12:00 pm: Iaido Seminar

12:00 pm – 1:00 pm: Lunch

1:00 pm – 4:45 pm: Iaido Seminar continued

4:45 pm: Closing remarks

7:00 pm – 9:00 pm: Banquet at Domo Restaurant

Sunday – 13 February. Location: Merrill Middle School

9:00 – 9:30 am: Exam Registration

9:30 – 11:45 am: Iaido examination for kyu ranks and shodan. (Additional seminar instruction after exams, time permitting.)

11:45 am – 12:00 pm: Final remarks from Oda Sensei and seminar organizers.

SWKIF Winter Iaido Seminar Registration Form

Name: _____

Age at Time of Event: _____ AUSKF Membership # _____

Address: _____

_____ Zip: _____

Phone: (____) _____ - _____ Email: _____

Dojo: _____

Please mark the appropriate items and fill in the fee amount.

SWKIF Member Seminar Registration (\$30) \$ _____

*AUSKF Member (non-SWKIF member)
Seminar Registration (\$50) \$ _____

Saturday Evening Banquet (\$30) x # _____ = \$ _____

Saturday Lunch: (\$10.00) x # _____ = \$ _____ Menu # _____
Box lunches will be ordered from the University Catering service. The menu is on the last two pages of this packet. Be sure to input the correct lunch-entrée number.

Donation to support this and future SWKIF events: \$ _____

TOTAL \$ _____

**Make check payable to: Mushinkan

* Persons who are not members of the SWKIF, but are current members of the AUSKF through another AUSKF regional federation may attend this seminar at the AUSKF member (non-SWKIF member) seminar registration fee specified above.

** Seminar registration fees are separate from testing and menjo fees. The fees calculated on this page are for the seminar registration only. Iaido testing application materials will be distributed separately by the SWKIF VP of Promotions.

Please return this Seminar and Food registration form, the waiver of liability, and a check payable to **Mushinkan (postmarked by JANUARY 31, 2011)** to:

Kazuko Uchida
2375 So. Eudora St.
Denver, CO 80222

WAIVER OF LIABILITY
FOR PARTICIPATION IN EVENTS OF THE 2011
SWKIF WINTER IAIDO SEMINAR AND SHINSA

I, the below signed Participant, intending to be legally bound, do hereby, for myself, my heirs, assigns, executors and administrators, waive, release, and forever discharge any claims for damages, illness, injuries and/or death which may hereafter accrue to me against Mushinkan, Yamakage Dojo, the Southwest Kendo & Iaido Federation (SWKIF), Merrill Middle School and The Denver Public Schools, their members, employees, instructors, agents, invited sensei's and participants in the 2011 SWKIF Winter Iaido Seminar and Shinsa in Denver, CO for any and all damages which may be sustained or suffered by me in connection with, in association with, travel to or from or participation in the 2011 SWKIF Winter Iaido Seminar and Shinsa. I further agree to indemnify and hold harmless Mushinkan, Yamakage Dojo, the Southwest Kendo & Iaido Federation (SWKIF), Merrill Middle School, and The Denver Public Schools, their members, employees, instructors, agents, invited sensei's and participants in the 2011 SWKIF Winter Iaido Seminar and Shinsa for any claims I may have outlined herein.

I further agree that All claims or disputes arising out of or related to my participation in this EVENT shall be decided by binding arbitration administered by the American Arbitration Association ("AAA") pursuant to the Federal arbitration Act 9 U.S.C. 1, et seq. and in accordance with the Commercial Arbitration Rules of the AAA and agreeable to all parties.

Participant:

_____ Date: _____

*Parent or Legal Guardian:

_____ Date: _____

*(Note: Parent or Legal Guardian must sign is the Participant is under the age of eighteen years old)

HOTEL INFORMATION

Fairfield Inn & Suites
1680 South Colorado Boulevard
Denver, CO 80222
303.691.2223 | www.FairfieldSuitesDenver.com

A block of 20 double bedroom suites has been reserved at a reduced rate of \$64.00 per night, under the name Southwest Kendo & Iaido Federation. Reservations should be made by January 28th in order to take advantage of the special rate.

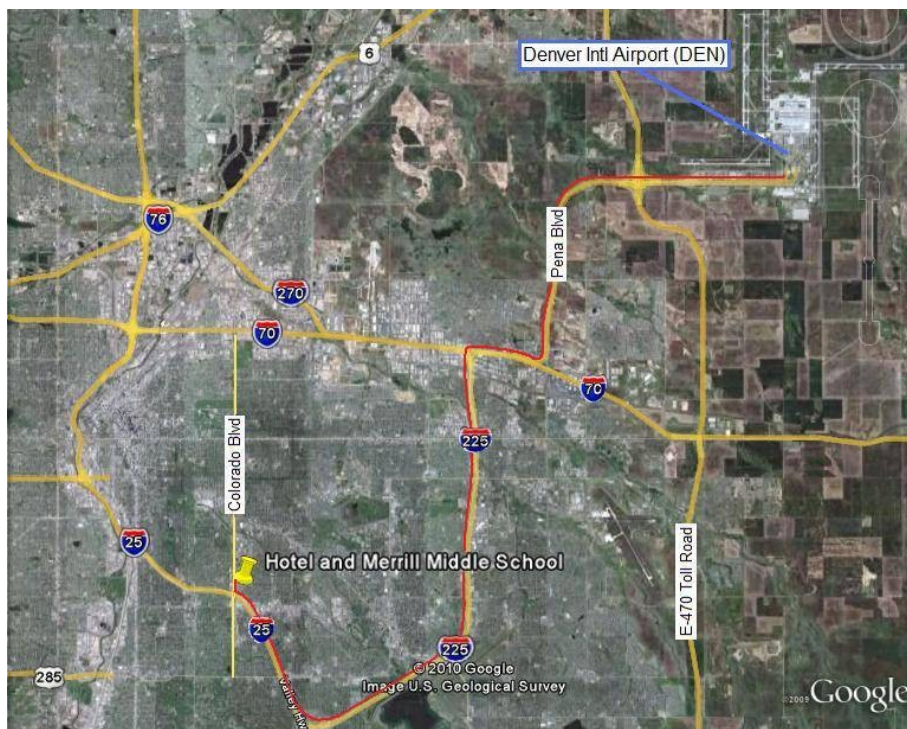
Fairfield Inn & Suites is located 1.5 miles from the seminar venue, 1/2 mile from the testing venue. Rooms include complimentary continental breakfast. Many dining locations are within walking distance.

Super Shuttle from Denver Intl Airport to Fairfield Inn

- Call ahead to make reservation: 1-800-746-2258
- Be sure to mention you are with the Southwest Kendo & Iaido Federation to get the Fairfield Inn Super Shuttle rate – \$19 per person one-way. \$30 per person round-trip.

Directions from Denver Intl Airport to Fairfield Inn (Time: 34 min. Distance: 29.64 mi):

1. Start going toward the AIRPORT EXIT on PENA BLVD ----- go 11.96 mi
2. Take ramp onto I-70 W ----- go 1.57 mi
3. Take exit #282/COLORADO SPRINGS/PEORIA STREET onto I-225 S toward #282/AURORA/COLORADO SPRINGS ----- go 12.72 mi
4. Take exit #1B/DENVER onto I-25 N ----- go 3.53 mi
5. Take exit #204/COLORADO BLVD onto I-25 FRONTAGE RD ----- go 0.5 mi
6. Turn RIGHT on S COLORADO BLVD ----- go 0.18 mi
7. Arrive at FAIRFIELD INN, on the RIGHT



Directions form Fairfield Inn & Suites to University of Denver, Ritchie Center

1. Head south on COLORADO BLVD and cross over I-25 go .4 mi
2. Turn right at BUCHTEL BLVD heading west go 1.1 mi
3. Arrive at Ritchie Center, on left.



Directions form Fairfield Inn to Merrill Middle School:

1. Travel West on E MEXICO AVE - go 0.2 mi
2. Turn Right on S MONROE ST - go 0.2 mi
3. Arrive at Merrill Middle School, on the Left



Important Phone Numbers:

Mark Uchida (303) 550-0222 – home | (303) 550-0222 – cell
Kazuko Uchida (303) 518-6559 – cell
James Maestas (720) 300-8390 – cell

PIONEER BOX LUNCH MENU

All box lunches come with a bag of chips, fruit salad, jumbo cookie and a 12 oz. soda.

- 1. CLASSIC TURKEY WITH HAVARTI DILL CHEESE**
Sliced turkey with havarti dill cheese, leaf lettuce and sliced tomato with pesto mayonnaise served on a brioche bun
- 2. ROSEMARY TURKEY BACON**
Sliced deli turkey with Swiss cheese, leaf lettuce and sliced tomato on rustic rosemary bread
- 3. TURKEY BACON RANCH WRAP**
Sliced deli turkey with crisp bacon, provolone cheese, leaf lettuce and diced tomato served in a spinach tortilla with ranch dressing
- 4. TURKEY CLUB**
Triple decker with leaf lettuce, turkey, bacon and sliced tomato with mayonnaise served on sliced white bread, cut in quarters
- 5. CLASSIC TUNA SALAD**
House made Albacore tuna salad with leaf lettuce, sliced tomato and mayonnaise served on sourdough bread
- 6. "BIG" TUNA**
House made Albacore tuna salad, pepper jack cheese, green chilies, sliced tomato and chipotle mayonnaise served on cracked wheat bread
- 7. EGG SALAD – NO CRUSTS AND QUARTERED**
House made egg salad and cucumber served on sliced white bread, quartered and crusts removed
- 8. PIONEER VEGGIE**
Sliced cucumbers, red onion, green chilies, provolone cheese sliced tomato and leaf lettuce with pesto mayonnaise served on cracked wheat bread
- 9. DOUBLE CHEESE WRAP**
Pepper jack and provolone with leaf lettuce, sliced tomato, guacamole, red onion served on a sundried tortilla with Italian dressing

Be sure to put the correct entrée menu number on your registration form.

- 10. HAM & PROVOLONE HOAGIE**
Smoked deli ham and provolone cheese with leaf lettuce, sliced tomato with honey mustard and mayonnaise served on a hoagie roll
- 11. BBQ SMOKED HAM & SWISS**
Smoked deli ham, piled high, Swiss cheese and BBQ sauce served on sliced marble rye bread
- 12. CLASSIC ROAST BEEF & CHEDDAR**
Thinly sliced roast beef and sharp cheddar cheese with leaf lettuce, sliced tomato, yellow mustard and mayonnaise served on sourdough bread
- 13. GRILLED CHICKEN HOAGIE**
Sliced fresh grilled chicken breast, mozzarella cheese, leaf lettuce and sliced tomato served on a hoagie roll with honey mustard and mayonnaise
- 14. ROSEMARY BBQ GRILLED CHICKEN BREAST**
Sliced fresh grilled chicken breast with red onions and sliced tomato served on rustic rosemary bread with BBQ Sauce
- 15. JALAPENO CHICKEN TORTE**
Sliced fresh grilled chicken breast with pepper jack, slice tomato, jalapenos and guacamole with chipotle mayonnaise served on a hoagie roll
- 16. ITALIAN SUB**
Sliced Genoa salami, pepperoni, smoked ham, leaf lettuce, red onion and black olives with Italian dressing served on a submarine roll
- 17. BLT**
Crisp smoky bacon, leaf lettuce and sliced tomato with mayonnaise served on toasted sliced white bread

CRIMSON BOX SALADS

All box salads come with roll & butter, jumbo cookies & 12 oz soda

- 18. BOMBAY CHICKEN & ROASTED PEPPER SALAD** on a bed of romaine lettuce topped with roma tomatoes, cucumbers, raisins, roasted red peppers, Tandoori chicken and sliced almonds with ranch dressing
- 19. CHEF SALAD** with mixed greens topped with cucumbers, cherry tomatoes, turkey, ham, Swiss & cheddar cheese with hard boiled eggs served with ranch dressing
- 20. GRILLED CHICKEN CAESAR** on a bed of crisp romaine lettuce topped with grilled chicken breast, parmesan cheese and croutons, served with Caesar dressing
- 21. COBB SALAD** on a bed of mixed greens with grilled chicken breast, avocado, egg, bacon and crumbled bleu cheese with bleu cheese or ranch dressing
- 22. SOUTHWEST CHICKEN SALAD** on mixed greens with chicken breast, cheddar cheese, jalapenos, black olives, corn and black beans served with ranch dressing
- 23. GRILLED PORTOBELLO MUSHROOM SALAD** on fresh baby spinach, roasted red peppers, artichokes, and candied spiced walnuts with balsamic vinaigrette dressing
- 24. GREEK SALAD** on crisp mixed greens with dolmades, red pepper, crumbled feta cheese, tomatoes, black olives, cucumbers and red onions with Italian vinaigrette
- 25. SPINACH SALAD** with fresh baby spinach, crumbled bacon, sliced mushrooms, slice tomato wedges and slice hard boiled egg with Italian vinaigrette